

## **Release Treatment Consent**

### **1. CONSENT FOR TREATMENT**

I understand that as in all types of medical and psychological treatment, there are certain risks. This includes the general risk that there may be emotional pain, stress, and/or life changes associated with mental health and/or substance use disorder treatment; and although mental health and/or substance use disorder treatment helps many individuals, it is not always completely effective. I hereby give written consent for mental health/substance use disorder treatment. My clinician will inform me of other specific treatment risks that may be involved in my case, and/or I will ask any questions I may have about specific treatment risks.

### **2. CONSENT FOR RELEASE OF PROTECTED HEALTH INFORMATION**

I consent to the release of protected health information including Alcohol & Drug Abuse Records, (42 CFR Part 2: and/or HIPPA 45 CFR) that is required to carry out treatment, payment, and healthcare operations on my behalf. If I am or will be working with more than one Northern Pines provider or program, I consent to all the Northern Pines providers and programs I am engaged with sharing my Northern Pines health information in order to facilitate better care coordination. I acknowledge that I have received and read the Northern Pines Mental Health Center Notice of Privacy Practices.

### **3. RELEASE TO INSURER/BENEFIT ASSIGNMENT**

Insurance requires that I attest to the following: I request payment of authorized health insurance, CCDTF, Medicare, and/or Medicaid benefits be made on my behalf to Northern Pines Mental Health Center for as long as there is a balance due. I do agree to pay for all services provided to me, my spouse, and/or minor children including all charges not covered by insurance payment or by CCDTF funding. I agree that I will be financially responsible for making payments to Northern Pines Mental Health Center for anything deemed as co-insurance, deductible, copay, plan exclusions, non-covered services, and other services that health plans, Medicare, and Medicaid deem as patient responsibility. I understand that services are sometimes not covered by insurance, where I accept financial responsibility. These services include, but are not limited to, skills (H2017 and H2014). I am responsible for checking benefits and limitations independently with my insurance health plan. I understand that if I would like a cost estimate for services, I am responsible for requesting this information from Northern Pines Mental Health Center. I authorize the disclosure of only the mental health information required to determine payment of my bill, payment of claims, fraud investigation, and/or quality of care review studies to the appropriate payer. I have received a copy of the Financial Policy Handout, and I understand I may be eligible for a sliding fee structure and that if payment is not received, then an outside collection agency may be utilized. If I elect to pay for services out-of-pocket, I understand that I will be fully responsible for these charges. I understand that by my election to self-pay for services, any payments made will not be credited towards satisfying my deductible or out-of-pocket maximum with my health plan. I understand that if electing to self-pay for services while having available insurance coverage will disqualify my ability to apply or receive any type of funding through Northern Pines Mental Health Center. I understand that if I do not provide Northern Pines Mental Health Center full and accurate insurance information needed for claim submission at the time of service, I will be fully responsible for all charges at full fee. I understand that if I choose to utilize and provide Northern Pines Mental Health Center with insurance information after the service is rendered, that I accept financial responsibility for the services in the occurrence of a timely filing denial from the health plan.

### **4. CONSENT FOR REPORTING MALTREATMENT OF VULNERABLE ADULTS**

Federal law and regulations protect the confidentiality of a client's alcohol and drug abuse records maintained by this program. Federal law specifically prohibits a person from disclosing client identifying information in connection with a report of suspected maltreatment unless the vulnerable adult/ legal representative has consented to disclosure in a manner which conforms to

federal requirements. By signing, I acknowledge that I understand this notice and Northern Pines has permission to provide DHS vulnerable adult entry point at 844-880-1574 with a verbal/written report if I have been identified as a victim or alleged perpetrator of maltreatment.

## **5. POLICY REGARDING THE FAILURE TO KEEP APPOINTMENTS**

I understand that if I fail to keep appointments or repeatedly cancel appointments, I may not be able to schedule my own appointments with my therapist. Instead, I will be provided with an appointment time to see my therapist when more than one client will be scheduled. I will then be seen on a "first come, first serve" basis.

## **6. APPOINTMENT REMINDERS**

Can we call/text/email to remind you of an appointment? Note: By selecting yes on the question below, you may receive appointment reminders for every service type. For example, if you have 5 appointments this week, you may receive 5 separate reminders.

**SIGN UP ON SIGNATURE PAGE IF YOU WOULD LIKE REMINDERS**

## **7. CONSENT FOR PRESCRIPTION HISTORY**

By signing this consent form you are agreeing Northern Pines Mental Health may request and use your prescription medication history from other healthcare providers and/or third parties for treatment purposes.

## **8. TRANSPORTATION OF CHILDREN REQUEST (CTSS ONLY)**

I hereby authorize that Northern Pines employees can transport my child. This is a requirement when transporting children without their parent or guardian.

## **9. AUTHORIZATION TO PROVIDE SERVICES TO MINORS**

I am a legal guardian, and I give my permission for the Northern Pines Mental Health Center staff to provide evaluation and treatment services to my child. I also understand that the child's other parent will have access to the mental health records unless I provide proper documentation that the other parent does not have this legal right.

## **10. TREATMENT CONSENT EXPIRATION**

This treatment consent will expire in one year from the date I sign or unless I request an earlier expiration in writing.

## **ALCOHOL AND/OR DRUG ABUSE CONSENT FOR TREATMENT**

**I am a Substance Use Disorder**

**Services client: PICK ANSWER ON SIGNATURE PAGE**

**By initialing INITIAL ON SIGNATURE PAGE**

**I release my Alcohol and/or Drug information.**

No information regarding Alcohol and/or Drug Abuse treatment will be provided unless you authorize by initialing:

As a Substance Use Disorder Services Client I authorize this release to be given to a court services office relating to a criminal sentence. I understand I cannot withdraw this consent for 60 days or until my legal status changes if I am here because of a court order related to a crime. This information is protected by federal law. Federal regulations (42 CFR part 2) prohibit further disclosure of it without your specific written consent or as otherwise permitted by such regulations. A general authorization for releases of medical or other information is NOT sufficient for this purpose.

**I authorize the release of my records to a court services office relating to my criminal sentence:**

**PICK ANSWER ON SIGNATURE PAGE**